

Print to register  
by mail

Online  
Registration



# Rising stars!

## SUMMER BASIC SKILLS SKATING CAMP

Mon July 19- Thurs July 22, 2010 ~ 8:00am-12:30, \$135.00

Hosted by the St. Paul Figure Skating Club

Pleasant Arena, 848 Pleasant Ave, St. Paul, MN 55102

- ~ Fun, Friends, & Skating! Guest Speakers, Performance & Crafts! ~
- ~ Workshops, Games, Professional Instruction, On & Off-ice Activities ~
- ~New beginners through basic competitors welcome~

Register online at [WWW.STPAULFSC.ORG](http://WWW.STPAULFSC.ORG) or return form by mail by **Fri 6/18 2010**.  
\$10 early-bird discount before 5/1. No rental skates available. Skaters will be placed into skill groups:

**\*EMERGING STARS\***

For beginners: Development of preliminary coordination and strength on the ice

**\*RISING STARS\***

Fundamental moves: Forward and backward skating, crossovers, 2- spins, pivots and jumps.

**\*SHINING STARS\***

Introduction to beginning jumps, spin entrance, lunges, spirals, shoot-the ducks, connecting steps, and more.

**\*SHOOTING STARS\***

For advancing skaters: Waltz jump, Salchow, toe loop, beginning loop, backward turns, edge patterns

**\*COMETS\***

For Beginner and Test Track competitors and/or working on flips, lutzes, sit spins, camels, jump combinations

Questions? Visit [www.stpaulfsc.org](http://www.stpaulfsc.org) or contact camp Director Carey Tinkelenberg: [risingstarssp@gmail.com](mailto:risingstarssp@gmail.com)

Register online OR detach & send check payable to SPFSC to PO Box 296, Deerwood, MN, 56444. Schedule will be emailed in advance.

Skater Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Male/Female (Circle)

Address \_\_\_\_\_

Highest Test Passed (Basic Skills, Standard USFS, or "new skater"): \_\_\_\_\_

Parent Name(s): \_\_\_\_\_ Best Contact # \_\_\_\_\_ Emergency # : \_\_\_\_\_

Email: \_\_\_\_\_ Home club and coach (if applicable) \_\_\_\_\_

Please list any food allergies \_\_\_\_\_ How did you find out about camp? \_\_\_\_\_

Skater's T-Shirt Size (please circle): Childs XS Childs S Childs M Child L Adult XS Adult S Adult M Adult L  
I hereby absolve the St. Paul FSC and all related agents of all responsibility for injury or illness to the above named skater(s) and hold the above named parties and their agents harmless from all claims. Skaters participate at their own risk and may be photographed/videotaped. I also certify that myself/child is/are covered by medical health insurance and agree in case of medical emergency to allow myself/child to be transported to the nearest medical facility by emergency medical service. NO MAKEUP LESSONS OR REFUNDS.

Signature of Skater/Guardian if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

